



OUR BEGINNINGS INC.

"UNIQUE IN CHARACTER AND DIVERSE IN PURPOSE"



Darleen Choice: Chief Editor

OBI Newsletter - Spring Edition

Moving Forward

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Dear Corporate Sponsors and Friends:

I am humbly honored to be afforded this great opportunity to partner with you, as we collaborate in our efforts, in making a positive impact in the lives of women living with HIV/AIDS, and experiencing the life challenges of domestic violence, substance abuse, single parenting, unemployment and homelessness.

As a former case manager, I have professionally experienced the ability to serve and witness to the devastating disappointments that have robbed both young and mid aged women of their identities, self esteem, integrity, families, children and ultimately their lives. Many of my former clients ranged from the ages of 21 and older with the life style background of 'promiscuity,' 'drugs' and 'victims of abuse.'

That experience alone empowered me to make a vow that if I could aid in the cultivation of breaking the life - cycle obstacles for today's millennium women, not to just exist as a "human services" entity, but most importantly to demonstrate a heart of compassion and rebuild upon the underdeveloped attributes of one woman at a time. I call it the law of *reciprocation* or simply known as "to give back that, which was given to you."

I conclude by informing our surrounding and global communities that OBI was founded upon the conceptual framework of partnership with underprivileged women across the world and we look forward in making a significant difference.

--- Arnell Barley - President and Founder

Cultural and International Perspectives on Violence against Women:

Although the Chinese and South Asian immigrant populations are largely silent on this issue, domestic violence is a fact of - life in many families. There are cultural factors that may cause and prolong abuse in Asian immigrant - homes.

Clinical research reveals that domestically abused women behavioral traits develop into psychological trauma experiences which often cause Asian immigrant women to seek therapeutic counseling in coping with the terrifying and demeaning issues of life. Culturally diverse psychologists are trained in implementing sensitive intervention strategies to apply the appropriate therapy to both Chinese and South Asian abused - immigrant women.

Source:

Elizabeth Midlarsky, Department of Counseling and Clinical Psychology, Teachers College,
Columbia University, 525 W. 120th St., Box 148, New York, NY 10027-6696

US and International Business Update:

Exciting News! Our Beginnings Inc. has officially Trademark its "Professional Services". Effective April 2007, OBI has signed a contractual agreement with the US Patent and Trademark Office to monitor its unique program services on a continuum basis to protect our organization's copyright and authentication of published materials on our website and throughout various media forums.

In the interim, we would like to keep our corporate sponsors, donors and community representatives abreast of our pending US and International community endeavors. Our Beginnings, Inc. is scheduled to receive its international business licensure in 2008 to conduct mentorship and life coach services to the global regions of the world. Again, we would like to extend our deepest gratitude to our supporters in partnering with our organization's vision and making its mission a reality.

OBI - Welcomes Its First Community Volunteer!

It serves us with great pleasure to introduce Latina Johnson of Newark, New Jersey to partner with the phenomenal team of professional business women.

Miss. Johnson has extended her personal and professional efforts in assisting Our Beginnings, Inc. with bringing its profound vision to intuition. In addition, she brings a level of expertise in culturally introducing the staff on how to effectively identify and assess the needs of women, such as, her, from challenging socio-economical backgrounds. Latina is a single mother working diligently to fulfill her educational pursuits. Latina Johnson will serve as an Assistant, Administrative and Clerical support to the organization.

Motivational Quote:

A way forwardWhatever happens, there is a way forward. Remember that as you welcome each moment and each new development. Out of any circumstance, you can find a positive pathway. In any situation, there is the opportunity to create success and to experience fulfillment. Be unconditionally thankful for the moment you're in. Because the moment you're in is filled with real possibilities. Your gratitude will enable you to see the best of those possibilities. Your expectation of finding the best way forward will enable you to begin moving solidly forward. There is much to be gained by planning and preparing, by anticipating what is most likely to happen and being ready for it. Yet there is no reason to be paralyzed by worry or fear, because you have what it takes to handle even the most unexpected setbacks. Know that always, whatever may come, there is a realistic way forward. Have the confidence to find that way, and take you to magnificent new heights.

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